

CURRICULUM VITAE

Anthony C. Levenda, MD

Lakeshore Bone and Joint Institute
Fellowship Trained Sports Medicine, Shoulder & Knee Reconstruction
601 Gateway Blvd.
Chesterton, IN 46304
(219) 921-1444
www.lbji.com

Lakeshore Bone and Joint Institute

September 1, 2006-Present

Practice Emphasis:

Sports Medicine, Arthroscopy, Shoulder and Knee Reconstruction

Board Certification:

ABOS: Board Certified Orthopaedic Sports Medicine
ABOS: Board Certified Orthopaedic Surgeon
Subspecialty - Sports Medicine
Certification November 3, 2011

Fellowship:

Sports Medicine and Arthroscopy
Toledo Orthopaedic Surgeons, Inc.

August 2005 - August 2006

Orthopaedic Residency:

The University of Chicago

July 2000 - June 2005

Medical Education:

Indiana University School of Medicine

August 1996 - May 2000

Undergraduate Education:

Indiana University Northwest

August 1990 - May 1996

Team Orthopedic Surgeon:

Valparaiso University	2006 - Present
Indiana University Northwest	2018- Present
Calumet College of St. Joseph	2007 - Present
Chesterton High School	2006 - Present
Portage High School	2006 - Present
Valparaiso High School	2006 - Present
Wheeler High School	2006 - Present

Assistant Team Physician:

The Toledo Mud Hens Triple A Baseball

August 2005 - August 2006

The University of Toledo
Swanton High School

August 2005 - August 2006
August 2005 - August 2006

Preceptor:

Valparaiso University Physician Assistant Program

Fall 2019

Memberships & Affiliations:

Active Member of the American Orthopaedic Society for Sports Medicine
Active Member of the Arthroscopy Association of North America
Active Member of the Mid-America Orthopaedic Association
Volunteer Assistant Professor of Orthopaedic Surgery for Indiana University
Active Fellow of the American Academy of Orthopaedic Surgeons
American Board of Orthopaedic Surgery
American College of Sports Medicine
Indiana Orthopaedic Society
American Medical Association
Indiana State Medical Association
Porter County Medical Society
Board Member Portage YMCA
Medical Director Board Member Shoreline Surgical Center, Portage IN

Research & Publications:

Levenda, AC; Sanders NR: "A Simplified Approach for Arthroscopic Repair of Rotator Cuff Tear with Dermal Patch Augmentation," *Advances in Orthopedic Surgery*, vol. 2015, Article ID 423949, 7 pages, 2015

Noonan, KJ; Feinberg, J; **Levenda, AC;** Snead, J; Wurtz, LD: "Natural History of Multiple Hereditary Osteochondromatosis of the Lower Extremity and Ankle," *The Journal of Pediatric Orthopaedics*, 2002, January -February, Vol. 22(1).

Noonan, KJ; **Levenda, AC;** Snead, J; Feinberg, J; Mih, A: "Evaluation of the Forearm in Untreated Adult Subjects with Multiple Hereditary Osteochondromatosis," *The Journal of Bone and Joint Surgery*, 2002, March Vol. 84-A No.3.

Presentations & Articles:

"Common Shoulder Ailments" Knights of Columbus Presentation, St. Paul Church, Valparaiso, IN, April 16, 2019.

"Keeping You In Motion" Community Presentation, Lakeshore Bone & Joint Institute, Chesterton, IN, May 22, 2018.

"Shoulder Injuries in the Work Place" Workman's Compensation Presentation, Indianapolis, IN May 11, 2018.

“Shoulder Injuries in the Work Place” Cadaver Lab Presentation, Medical Academic Center, Carmel, IN October 2, 2017

“Knee Injuries at the Work Place” Workman’s Compensation Presentation, Sand Creek Country Club, October 7, 2016

“Knee Pathology, PRP, Injectionplasty” IUN Cadaver Lab July 27, 2016
Research Featured in Arthrex Brochure: ArthroFLEX Decellularized Bio-Implant for Soft Tissue Repair Feb 2016

“5 Common Knee Injuries in Runners” The Extra Mile, Valparaiso, IN February 2, 2016
Presenter “LBJI Whole Body Cadaver Lab” Carmel, IN November 5, 2015

“Shoulder Injury: The Road To Recovery” Lunch and Learn at Shula’s Steakhouse, Indianapolis, IN, May 15, 2015

“Bone Marrow Lesions, A Ticking Time Bomb” San Diego, CA, May 7, 2015

“Put Some Spring In Your Swing” Michigan City Lifeworks Bldg, Michigan City, IN April 30, 2015

“Shoulder Injury: The Road to Recovery” Avalon Manor, Merrillville, IN, April 16, 2015

“Tune Up Tuesday, Common Running Injuries” The Extra Mile, Valparaiso, IN January 27, 2015

Webinar “Bone Marrow Lesions, A Ticking Time Bomb” November 18, 2014; December 17, 2014

Radio Interview with Gerard Media LLC, WIMS AM 1420, October 2014

“Bone Marrow Lesions and Treatment Options” Chicago Lower Extremity Surgical Symposium, Burr Ridge, IL October 2014

“Injury Prevention, IT Band Syndrome for Runners” The Extra Mile, Valparaiso, IN May 21, 2014

“Injectionplasty” Chicago, Illinois May 2014

“Solutions to Chronic Shoulder Pain” Sand Creek Country Club, April 2014

“Bone Marrow Lesions and Treatment Options” The Chicago Ilizerov Lower Limb Reconstructive Society, Chicago, Illinois February, 2014

“Injury Prevention for Runners” The Extra Mile, Valparaiso February 4, 2014

“Fundamentals in Arthroscopy” AANA Shoulder Arthroscopy Course: Associate Instructor, Orthopaedic Learning Center, Rosemont, Illinois, September 20-22, 2013

“Arthroscopic Technique for Augmentation of Rotator Cuff with a new Acellular Dermal Matrix”: E-poster presentation at AANA summer meeting, Florida, May 2012

“ArthroFlex Dermal Patch All Inside Rotator Cuff Repair and Augmentation”:
Wet lab presentation to fellows and attending at Andrews Institute, Pensacola, Florida, August 2011

“Knee Pain: Diagnosis & Treatment Options” Community Discussion at Porter Memorial Hospital, May 22, 2010

“Knee Arthritis: What Are Your Treatment Options” Community Discussion at Portage YMCA, May 17th, 2010

“Sports Injury Prevention” Community Presentation St. Mary Medical Center, May 12th, 2010

“Can Blood Treatment Speed Healing?” Chicago Tribune April 25th, 2010, Interviewed by William Hageman

“Surgical Positioning and Surgical Technique for Intramedullary Fixation of Femoral Intertrochanteric Fracture” Presented to Ivy Tech Community College Surgical Technician Students April 2010

“Arthroscopic Assisted, All Inside ACL Reconstruction & All Inside Meniscal Repairs” Arthrex Midwest Course. Chicago, Illinois February 2010

“Treatment and Prevention of Knee Injuries in the Young Athlete” Presented to Indiana University, Medical Students November 19, 2009

“Sore From Sports” Stay Healthy Magazine Quarterly Magazine for Porter Memorial Hospital Fall 2009

“Summer Accident Prevention” Duneland Today, Summer 2008

“Joint Replacement: Is it Right for You?” Porter Memorial Hospital, General Public April 2008

“World Class Health-Care Closer Than You Think” Valparaiso Magazine, Volume 7 Issue 1, Winter 2007

“High School Sports Injuries and Prevention” HSSP Sports Radio: High School Sports Media Live www.hssp.cc, March 2007

“Shoulder Instability in the Overhead Athlete” Sports Medicine and Fitness Symposium:
Innovations in Sports Medicine. Guest Speaker: Valparaiso University

“Sports Safety for Kids” Stay Healthy Magazine Quarterly Magazine for Porter Memorial
Hospital Summer 2007

“Shoulder Pathology, Diagnosis, and Treatment” Merrillville Chapter of the Indiana
Workers Compensation Institute, October 2006

Consultant:

Injectionplasty, Skeletal Kinetics; 2014

Arthroflex Dermal Patch, LifeNet Health; August 2011